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Delicious Innovative Cuisine meets Natural Honey Benefits

NEWTOWN, PA, November 10, 2009 – From a partnership of efforts comes the added bonus of health benefits. The Green Parrot, one of Bucks County’s newest restaurants and pubs, is collaborating with Shady Brook Farm to work with some of their locally produced ingredients for the new Fall/Winter menu. One notable item is their pure honey.

A little known fact about honey stems from holistic research. Naturalists believe that when people eat honey from bees in their local area, they are better equipped to fight off allergies.

“We use honey in many of our items at the restaurant, from our salad dressings and spicy Asian wing sauce, to main dishes such as our Cilantro Honey Lime Chicken and Baby Back Ribs,” says Green Parrot Executive Chef Rick Narasaki. “We are always looking to incorporate local ingredients into our menu and we were pleasantly surprised to find that by using the delicious, natural honey from Shady Brook, we can include a little-known health benefit for our customers as well.”

Chef Narasaki is working with Bob Krayner, Shady Brook’s resident beekeeper and honey expert. “Most people are unaware if they eat foods made with pure honey, it can help to reduce seasonal allergies,” notes Bob. Long heralded for its healing and antibacterial properties, natural honey has recently become a much talked about subject in the health community.

The Green Parrot Restaurant and Pub continues to work with local suppliers to offer their customers the freshest ingredients available, allowing us to create innovative and delicious offerings. Making virtually everything from scratch, including rich stocks, fresh mozzarella, and hand-cut pasta dough, enables us to provide our diners with outstanding quality. Featuring exceptional food, in a warm, friendly atmosphere, The Green Parrot is the go-to place for a great night out.

For more information, please visit The Green Parrot website:
www.greenparrotrestaurantandpub.com .